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Brand New Newsletter

Over the years we have ended up with numerous email lists. Last year we contacted everyone on our lists to check you still wanted to hear from us. We would now like to simplify how we communicate with you by combining our lists together and we want to check that you're happy with this.

From now on, everybody will receive our newsletter at the end of each month. This new newsletter will cover all the exciting things going on at Memory Matters and Moments Café.

Including:

- New projects

- Upcoming courses
- Offers and discounts
- Top tips for brain health
- Opportunities to get involved

And so much more!

If you would rather not receive emails from us anymore, please unsubscribe at the bottom of this email. Otherwise we look forward to sending you our news at the end of September.

Kind regards,

Memory Matters and Moments Café



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